

RICHMOND COMMUNITY SCHOOLS HEAD START LUNCH MENU — FEBRUARY 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 Product of Michigan  <i>Richmond Community Schools Will participate in MI Farm to School. (*) = food choice utilizing MI based items.</i> 		1 WG Rotini w/ Beef Meat Sauce Steamed Broccoli Fresh Bananas 1% Unflavored Milk	3-2 Lil Caesars Pepperoni Pizza Romaine Salad Fresh Apple Slices* 1% Unflavored Milk 	3 Soft Beef Taco Refried Beans w/ Cheese Fresh Apples 1% Unflavored Milk
6 WG Chicken Tenders WG Dinner Roll Corn Fresh Apple Slices* 1% Unflavored Milk	7 WG Cheesy Bosco Sticks Carrot Coins Diced Peaches 1% Unflavored Milk 	8 WG Mac & Cheese Steamed Broccoli Fresh Orange Slices 1% Unflavored Milk 	9 Lil Caesars Cheese Pizza Romaine Salad Diced Pears 1% Unflavored Milk	10 Yogurt w/ String Cheese WG Dinner Roll Fresh Celery Apple Sauce 1% Unflavored Milk 
13 WG Chicken Drumstick WG Dinner Roll Corn Mixed Fruit 1% Unflavored Milk 	14 Turkey Frank Hot Dog on WG Hot Dog Bun Potato Smiles Diced Peaches 1% Unflavored Milk	15 WG Rotini w/ Beef Meat Sauce Steamed Broccoli Fresh Banana 1% Unflavored Milk 	16 Lil Caesars Pepperoni Pizza Romaine Salad Fresh Apple Slices 1% Unflavored Milk 	17 No School 
20 No School 	21 No School	22 No School	23 No School	24 No School
 <h1 style="color: blue; font-family: serif;">WINTER BREAK</h1>				
27 WG Chicken Patty Sandwich w/ WG Hamburger Bun Corn Fresh Apple Slices 1% Unflavored Milk	28 WG Turkey Corn Dog Carrot Coins Diced Peaches 1% Unflavored Milk Diced Peaches	<div style="border: 1px solid black; padding: 10px;"> <p>Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.</p> <p>Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.</p> <p style="text-align: center;">*Menu Subject to Change Without Notice*</p> <p>Nutritional information is available on the Food Service web page of the Richmond Community School District Website.</p> <p style="text-align: center;">"USDA is an equal opportunity provider and employer"</p> </div>		